

CLOTHES

- ✓ Sun hat / a cap
- ✓ T-shirts
- ✓ Long sleeved shirts
- ✓ Light shorts (cotton is preferable)
- ✓ Long trousers (at least two pairs)
- ✓ Sandals / flip-flops
- ✓ Swimsuit (for hotel and lodges)
- ✓ Warm scarf as it can get cold in the evenings
- ✓ A jacket which is suited for safari
- ✓ Hiking / walking shoes
- ✓ If you are going hiking sportswear is preferable
- ✓ For women: a sports bra can be preferable e.g. for hiking or safari

Note: Bright or white colors are not recommended for safaris. Try avoiding blue as it attracts Tsetse flies. Camouflage clothing is strictly illegal in Tanzania try avoiding them so as not to get arrested.

SAFARI EQUIPMENT & SUPPLIES

- ✓ Camera and video equipment
- ✓ Memory cards and extra batteries
- Camera chargers and other chargers for your devices
- If you wear contact lenses it would be safer to bring extra pair of glasses as it is dusty on safari on therefore might dry out your contact lenses
- ✓ A good torch or headlight and spare batteries
- ✓ Padlocks for your luggage
- ✓ Deodorant
- ✓ Sunglasses
- ✓ Lip balm
- ✓ Sun block
- ✓ Swiss pocket knife
- ✓ Wet wipes and hand sanitizer
- ✓ Toothbrush/toothpaste/dental floss
- ✓ Cotton swab and cotton pads
- ✓ Razor and shaving cream
- ✓ Fanny pack or neck pouch
- ✓ Reading books if desired
- ✓ Visas, tickets, passports, money and any other important documents
- ✓ Your safari itinerary
- ✓ ID-card
- ✓ Emergency phone numbers
- ✓ Insurance policies



IF CAMPING

- ✓ A towel e.g. a microfiber towel as these can be compact packed and is fast drying
- ✓ Shower gel/shampoo/conditioner
- ✓ A small mirror

MEDICAL SUPPLIES

Medicine: We advise you to pack any basic medication that you may need as advised by your doctor.

- ✓ Insect & Mosquito repellent
- ✓ Sun block and after sun lotion
- ✓ Antiseptic cream
- ✓ Malaria tablets (important)
- ✓ Painkillers
- ✓ Motion sickness tablets
- ✓ Anti-diarrhea medicine
- ✓ Cold/flu tablets
- ✓ Anti-histamine tablets
- Prescribed medicine (must be packed in your back pack)

Documents: Securely bind all your travel documents together, make extra copies of your passports, travel insurance, tickets, id card and leave some copies at home and take some with you, it is also a good idea to scan all of these documents and e-mail them to your personal account, so you can access them anywhere in case of an emergency.